# ADDITIONAL **SERVICES**

### Psychiatric Rehabilitation Services (PRP)

\*This program is only available for Medicaid clients.\*

PRP is a program designed for children and adolescents that incorporates the collaboration between the therapist and rehabilitation coordinator to promote positive behaviors and interactions, while decreasing negative behaviors.

The behaviors that the rehabilitation coordinator addresses consist of the following:

• Social Skills • Coping Skills • Independent Living Skills • Conflict Resolution • Anger Management • Group session activities to enhance social interaction skills with peers



### Psychiatric Services

Psychiatric services are also available for evaluations and medication management.

Please consult with the student's therapist for recommendations.

# LOCATION **CONTACT INFORMATION**

# SCHOOL-BASED THERAPY SERVICES

## LAUREL OFFICE

14440 CHERRY LANE CT, SUITE #208 **LAUREL, MARYLAND 20707** PHONE: 301.604.1458 FAX: 301.604.1459





## FOR ADDITIONAL INFORMATION PLEASE VISIT US AT:

WWW.INNOVATIVETHERAPY.ORG







# WHO WE ARE

Innovative Therapeutic Services (ITS) is an outpatient mental health clinic, designed in 2009 by a team of experienced mental health clinicians with a passion to provide treatment and educate individuals with behavioral challenges.

ITS has partnered with Maryland schools and has been providing services for elementary, middle, and high school students since 2013. We provide services to approximately 200 students at 40 schools.

ITS employs licensed clinicians who have experience working with students who present with a variety of diagnoses, such as ADHD, anxiety, depression, and adjustment disorders.

Areas of focus can include but are not limited to: improving social skills, learning coping strategies, developing healthy relationships, maintaining boundaries, improving self-confidence, and accepting personal responsibility.

ITS strongly believes in collaboration as part of treatment planning. Along with providing individual and group services during the school day, clinicians conduct family sessions as an additional method of supporting each client.

Translation services are available for Spanish speaking families.

## WHY SCHOOL-BASED?

#### Convenience

The student does not need to be transported to an appointment.

School-based clinicians will work with the counseling department and parent to figure out the best time of day to see the student.

#### Collaboration

ITS collaborates with school staff and the parent(s)/guardian(s) to formulate the best treatment for the student.



# **AREAS OF SERVICES**

ITS proudly serves the following areas:

- Anne Arundel County Baltimore City
  - Baltimore County •
  - Montgomery County •
  - Prince George's County •
  - Washington County •

# **GETTING STARTED**

#### How Do I Make A Referral?

- Talk to the student's counseling department
- School Counselors and/or Parents/Guardians may feel free to contact Nicole Taylor.



# **QUESTIONS?**

## For additional questions,

Nicole Taylor, LCPC-S
P: 301.604.1458 ext. 06
C: 443.917.6105
E: ntaylor@innovativetherapy.org



# **ELIGIBILITY**

ITS accepts the following insurances:

- Maryland Medicaid Care First Cigna
  - Johns Hopkins Tricare
    - United Healthcare •

Parents/Guardians may also choose to pay of out pocket for services.